



FUEL

What is your current fuel status? Do you have enough fuel to complete the flight? If applicable, do you need to change tanks?



RADIO

Are you on the correct frequency, and do you have the next one set? Can you hear other calls? Do you need to make a call?



ENGINE

Are the engine temperature and pressure gauges within limits? Check for carburettor icing by setting carburettor heat to HOT for 15 seconds.



DI / COMPASS

Is the direction indicator correctly aligned with your magnetic compass? Are you flying the correct heading?



ALTIMETER

Is your altimeter set to the correct subscale setting? Are you flying at your planned height or altitude?

FREDA
CHECKLIST

THREAT AND ERROR MANAGEMENT

The 'FREDA' checklist should be performed at regular intervals throughout a flight, at the top of a climb or prior to descent before commencing low-level operations. This check periodically ensures that the various systems that are vital to safe flight are operating and configured correctly, offering a structured routine for pilots to evaluate and monitor their in-flight systems and flight progress. Performing regular 'FREDA' checks, particularly during less demanding sections of a flight, will help you to avoid issues, or to identify potential issues early, such as exceeding engine limits, engine malfunctions, carburettor icing and pilot overload.

NOTES:



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